



THE
whitehart
AFRICAN RESTAURANT AND WINE BAR

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Opening Hours:

Monday - Thursday 11:30am-12am

Friday & Saturday 11:30am-1am

Sunday 2pm-12am





Food & Drinks Menu

FOOD ALLERGY WARNING

Please be advised that food prepared and sold in this establishment may contain some of the 14 major allergens.

Please ask a member of staff about the ingredients used in your meal before ordering.

Thank you.



STARTERS

TOZO SUYA Grilled spicy meat skewer.	£10.00
LAMB SUYA Grilled spicy lamb skewer.	£10.00
CHICKEN SUYA Grilled spicy chicken skewer.	£10.00
SPICY DICED BEEF Beef mixed in spices.	£12.00
PORK SUYA Grilled spicy pork skewer.	£10.00
SNAIL Pan fried snail, seasoned with assorted peppers and spices	£12.00

GRILLS

	MEDIUM	LARGE (FROM)
GRILLED CROAKER FISH CHARCOAL A whole grilled fish, spiced with ginger and garlic sauce, served with salad, plantain or yam.	£20.00	£22.00
GRILLED TILAPIA FISH A whole grilled fish, spiced with ginger and garlic sauce, served with salad, plantain or Yam.	£20.00	£22.00
	HALF	WHOLE
GUINEA FOWL	£10.00	£20.00



PEPPER SOUP

ASSORTED MEAT PEPPER SOUP

Spicy Cooked assorted meat in organic herbs.

£12.00

TILAPIA FISH PEPPER SOUP

Richly prepared with special organic homemade spices.

£15.00

BEANS DISHES

MASHED BEANS

Cooked in tomato sauce, sweet corn, served with plantain and a choice of meat or fish.

£12.00

TOGOLESE BEANS

Mashed beans porridge, served with a spicy sauce, plantain and a choice of meat or fish.

£12.00

MOI MOI

Steamed bean pudding made from a mixture of washed and peeled black eyed peas, onions and fresh ground peppers.

£3.00

RICE DISHES

JOLLOF RICE

Cooked in tomato sauce and organic herbs, served with plantain, salad and a choice of beef, fish, turkey or chicken.

£13.00

FRIED RICE

Rice sauté in mixed vegetables, served with plantain, salad and a choice of beef, fish, turkey or chicken.

£13.00

ORIENTAL FRIED RICE

Served with prawns in black bean sauce and crispy chicken wings.

£16.00

WHITE RICE

Steamed rice served with tomato sauce, ayamase or ofada sauce.

(* £13.00 when served with ayamase sauce and £15.00 when served with ofada sauce.)

£10.00



JOLLOF RICE

Cooked in tomato sauce and organic herbs, served with plantain, salad and a choice of beef, fish, turkey or chicken.

£13.00

OFADA RICE

Authentic Nigerian Cooked rice served with local ofada sauce or ayamase.

(* £16.00 when served with ofada sauce.)

£15.00

YAM DISHES

ASARO

Mashed yam Cooked in pepper sauce.

£11.00

FRIED YAM

Yam served with sauce.

£6.00

BOILED YAM

Also known as nkodo, served with pepper soup.

£12.00

MAIN MEALS

All soup are served with either amala, eba, pounded yam, wheat, semolina or starch with a choice of beef, assorted meat, fish or chicken.

EGUSI SOUP

Beautifully prepared with melon seed, palm oil and spinach.

£13.00

EFO RIRO

Heavenly taste of fresh vegetables, smoked prawns, blended peppers and palm oil.

£15.00

OKRO AND STEW

Freshly hand picked okro and blended tomato sauce.

£11.00

SEAFOOD OKRO

Freshly hand picked OKRO mixed with seafood.

£25.00

EDIKAIKONG SOUP

Hand picked vegetables with bits of organic spices.

£15.00



BANGA SOUP

Palm nut soup with bits of organic spices.

£15.00

OGBONO SOUP

Grounded dry ogbobo seeds with palm oil.

£13.50

CONCORTING

The best of egusi, ogbono mixed with okro.

£14.50

BITTER LEAF SOUP

Hand picked fresh vegetables stirred in palm oil.

£13.50

AFFANG SOUP

Hand picked fresh vegetables stirred in palm oil.

£13.50

ERU SOUP

Hand picked fresh vegetables stirred in palm oil.

£11.00

AYAMASE

Blended green peppers with bits of organic spices.

£8.00

NDOLE SOUP

Freshly picked vegetables mixed with blended peanuts.

£13.50

NSALA SOUP

Made with small pieces of yam and utazi leaves.
(* £18.00 when served with dried fish.)

£13.50

ABULA

A colourful mixture of gbegiri, ewedu, served with amala.

£14.00

KIDS MENU

CHIPS AND CHICKEN WINGS

Served with chicken wings, salad and sauce.

£8.00

JOLLOF RICE

Served with crispy chicken wings and salad.

£8.00

FRIED RICE

Served with crispy chicken wings and salad.

£8.00



DESERTS

For deserts we serve a choice of the following ice cream flavours ,vanilla, strawberry, hazelnuts, chocolate, rum and raisins.

1 SCOOP	£2.00
2 SCOOPS	£4.00
3 SCOOPS	£5.00
TEA	£2.00
COFFEE	£2.00

FRUIT JUICES

	GLASS	JUG
ORANGE	£2.00	£5.00
APPLE	£2.00	£5.00
PINEAPPLE	£2.00	£5.00
COCONUT	£2.00	£5.00
CRANBERRY	£2.00	£5.00
FRESH ORANGE	£4.00	£10.00
FRESH APPLE	£4.00	£10.00
FRESH CARROT	£4.00	£10.00



SOFT DRINKS

NIGERIAN FANTA	330ml	£2.00
FANTA ORANGE	330ml	£2.00
COKE	330ml	£2.00
SPRITE	330ml	£2.00
PEPSI	330ml	£2.50
DIET COKE	330ml	£2.00
SODA	330ml	£2.00
J2O	275ml	£2.95
SPARKLING WATER	330ml	£2.00
MALTA GUINNESS	330ml	£2.50
MALTINA	330ml	£2.50
	200ml	750ml
WATER	£2.00	£5.00

MIXERS/TONICS

BITTER LEMON		£2.50
SCHWEPES TONIC	300ml	£2.00
FEVER TREE TONIC		£2.95
RED BULL	250ml	£2.50
SMIRNOFF ICE	275ml	£3.00

COCKTAILS

PIÑA COLADA

A refreshing and tasty cocktail made with coconut cream and pineapple juice, garnished with fresh pineapple.

£6.95

CHAPMAN

A non-alcoholic punch made with a mix of cucumber, lemon and angostura bitters.

£5.95

SEX ON THE BEACH

A cocktail containing vodka, peach schnapps, orange and cranberry juice.

£5.95

STRAWBERRY DAIQUIRI

A classic fruity cocktail made with fresh or frozen strawberries, rum, lime juice and ice.

£5.95

MOJITO

Cocktail made of white rum, sugar, lime juice, soda, mint and water.

£5.95

SPIRITS

BRANDY

	25ML	70CL	1.5L
COURVOISIER VSOP COGNAC		£80.00	
COURVOISIER VS COGNAC	£4.00	£65.00	£135.95
HENNESSY VS CONGNAC	£4.00	£70.00	£139.95
REMY MARTINS VSOP	£4.00	£70.00	
MARTELL VS	£4.00	£65.00	
MAJESTAT XO		£60.00	
BLACK HENNESSY VS CONGNAC		£130.00	

GIN

	25ML	70CL
BOMBAY SAPPHIRE	£4.00	£50.00
TANQUERAY	£4.00	£50.00
TANQUERAY TEN	£4.00	£50.00
BRAMLEY & GAGE 6 O' CLOCK	£4.00	£50.00
MARTINI	£4.00	£50.00

VODKA

CIROC BLACK RASPBERRY (A blend of black raspberry and other natural flavours).		£80.00
CIROC APPLE (A distinctive blend of apple and other natural flavours).		£70.00
CIROC MANGO (A blend of mango and other natural flavours).		£70.00
CIROC PINEAPPLE (A blend of pineapple and other natural flavours).		£70.00
CIROC SNAP FROST		£70.00
CIROC RED BERRY (Infused with a blend of raspberry, strawberry and other natural flavours).		£70.00
ABSOLUT		£50.00
SMIRNOFF		£50.00
GREY GOOSE		£70.00
GREY GOOSE LEMON		£70.00
SKYY		£50.00



BELVEDERE CITRUS	£69.95
BELVEDERE PINK GRAPE FRUIT	£69.95

RUM

CAPTAIN MORGAN DARK	£50.00
BARCADI SUPERIOR	£50.00
MORGANS SPICED	£50.00

LIQUEURS

SAMBUCA	£50.00
BAILEYS IRISH CREAM	£50.00
MALIBU	£50.00
BAILEYS ALMOND DRINK	£50.00

WHISKY

AMERICAN

	70CL	1L
JACK DANIELS – TENNESSEE	£60.00	£80.00
JIM BEAM BLACK – BOURBON	£60.00	
WOOD FORD RESERVE	£60.00	
JACK DANIELS – TENNESSEE HONEY	£60.00	
JACK DANIELS – TENNESSEE FIRE	£60.00	



BLENDED

	70CL	1L
<p>JOHNNIE WALKER RED LABEL A smooth and fruity blended American whisky, crackling with spice and bursting with vibrant, smoky flavours.</p>	£60.00	
<p>JOHNNIE WALKER BLACK LABEL Rich, complex and incredibly well-balanced, full of dark fruits, sweet vanilla and signature smokiness.</p>	£60.00	
GLENFIDDICH	£70.00	
GRANT'S	£50.00	
JOHNNIE WALKER – DOUBLE BLACK		£80.00

WINE

RED

<p>CASILLERO DEL DIABLO - MERLOT A smooth, medium-bodied Merlot that perfectly combines plum and red berry flavours with smoky, cedar wood aroma.</p>	CHILE	£25.00
<p>HARDY'S 1853 – MERLOT A soft medium-bodied wine with generous plum fruit flavours, subtle spice and a lingering finish.</p>	AUSTRALIA	£20.00
<p>SANTA JULIA – MALBEC Full of Cherry and plum flavours with spice notes and a velvety finish.</p>	ARGENTINA	£20.00
<p>MCGUIGAN (BLACK LABEL) A great fruit flavour of spicy plum, cherry and blackberry.</p>	AUSTRALIA	£15.00
<p>BAREFOOT – MERLOT A perfect combination of blueberry, boysenberry and plum flavours.</p>	CALIFORNIA	£15.00



JP. CHENET – MERLOT

A fruity wine that reveals intense aromas of red berries with chocolate notes.

FRANCE **£15.00**

JP. CHENET – CABERNET – SHIRAZ

An elegant wine that reveals aroma of cherry and blackcurrant with a touch of spice.

FRANCE **£15.00**

GRENACHE

A rich and very round wine, its sweetness brings out the fruit.

FRANCE **£20.00**

MEDINET – RAIAT

(Consists of grenache and blendsy).

FRANCE **£25.00**

GRAFFIGNA RESERVE MALBEC

A rich and complex blend of red berry aromas, notes of cassis, sweet spice and pepper followed by toasty oak

ARGENTINA **£20.00**

WHITE

YELLOW TAIL – CHARDONNAY

A vibrant, flavoursome, fresh wine full of peaches, melon and a touch of vanilla.

AUSTRALIA **£15.00**

FREIXENET - PROSECCO

Fresh and Fruity, with aromas of flowers, citrus and apple.

ITALY **£25.00**

BLAN & MEDINET

Fruity aromas and clean, refreshing finish.

FRANCE **£25.00**

MARTINI SPARKLING WINE

(A vibrant taste of grape juice, vine peaches elderberry and sage).

ITALY **£25.00**



ROSE

LA TERRASSE

Luscious red fruits paired with a crisp

FRANCE **£20.00**

BAREFOOT – PINK MASCATO

A juicy and refreshing wine with ripe nectarine aromas and flavours

CALIFORNIA **£15.00**

BLACK TOWER

A generous sweet and fruity wine with soft, juicy summer berry flavours.

GERMANY **£15.00**

MARQUES DE MONTINO

A fresh, fruity rose packed with red fruit notes and a citrus finish

SPAIN **£25.00**

MIRAVAL CÔTES DE PROVENCE ROSÉ

Dry, crispy and elegant wine, combining red fruit flavours and a crisp finish.

FRANCE **£35.00**

FREIXENET – PROSECCO

A fruity and fragrant wine, composed of fresh citrus, apple and flowers. Clean and fresh with tones of ripe lemon, green apple and grapefruit.

ITALY **£25.00**

MATEUS

A young, fresh, fruity versatile wine with summery strawberry notes and a light fizz.

PORTUGAL **£15.00**

BEER

	REGION	ABV(%)	SIZE	
BUDWEISER	USA	4.8%	300ML	£4.95
BIG GUINNESS	NIGERIA	7.5%	600ML	£6.95
SMALL GUINNESS	NIGERIA	7.5%	325ML	£3.95
STAR	NIGERIA	5.1%	600ML	£5.95
HEINEKEN	AMSTERDAM	5.0%	650ML	£5.95

	REGION	ABV(%)	SIZE	
BECK	GERMANY	4.8%	660ML	£5.95
ORIGIN	NIGERIA	6.05	600ML	£7.95
GULDER	NIGERIA	5.2%	600ML	£5.95
STELLA ARTOIS	BELGIUM	7.5%	284ML	£2.95
TROPHY	NIGERIA	5.0%	600ML	£5.00

CHAMPAGNES

	PER/ BOTTLE
BOLINGER ROSE	£65.00
MOËT AND CHANDON BRUT ROSE Complex and elegant, but yet delicate champagne combining red berry flavours with a crisp and refreshing finish.	£80.00
MOËT AND CHANDON BRUT IMPERIAL Light, fruity and fresh styled, but yet complex and elegant champagne, comprising of citrus and brioche notes.	£65.00
MOËT ICE IMPERIAL Fruity fragranced champagne created for serving with ice. It's intense fruity characteristic combined with a fresh finish, lends it a fullness in the mouth.	£80.00
DOM PERIGNON VINTAGE 2009	£249.95
DOM PERIGNON VINTAGE 1970	£349.95
VEUVE CLICQUOT YELLOW LABEL BRUT A complex and elegant brut champagne with rich biscuity flavours, fresh citrus characters and a creamy mousse.	£70.00
VEUVE CLICQUOT ROSE NV A complex and elegant champagne with, aromas of red fruits and a refreshing balanced finish.	£80.00
BELAIRE LUXE WHITE	£ 65.95



	PER/ BOTTLE
BELAIRE LUXE BLACK	£65.95
CRYSTAL BRUT ROSE 2007	£489.95
CRYSTAL BRUT ROSE 2009	£389.95
BELAIRE ROSE	£60.00
LAURENT – PERRIER ROSE It has an exceptional freshness and unique aromas of fresh-picked red berries	£80.00
ACE OF SPADES GOLD	£499.95

